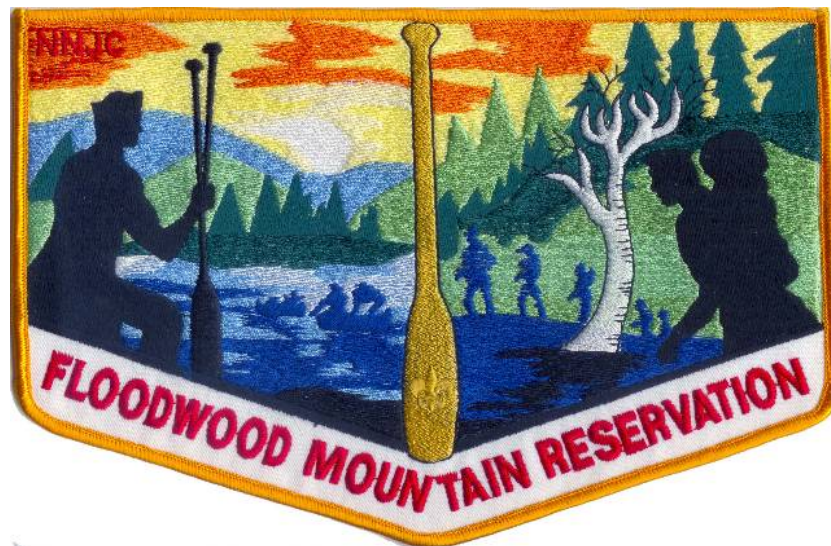


# Floodwood Mountain Scout Reservation Adirondack High Adventure since 1965

## Leaders Guide – Quick Reference

Ver. 16.1



### **Contents:**

Letter from the Camp Director  
A typical week  
Trekking Program  
In-Camp Activities  
Gear List  
What's Next in Planning Your Trek?

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Floodwood Mountain Scout Reservation is a Nationally Accredited BSA High Adventure Camp and is inspected annually.

Spring 2017

Scouts and Scouters,

Welcome! Thank you for choosing Floodwood for your summer camping experience! We have been providing excellent high adventure since 1965 and we're planning this coming summer to be an action-packed, fun-filled experience for your scouts this summer. We have taken great strides to make many improvements to both our overall facility as well as our program.

Our staff is excited to get our summer camp season kicked off. Please read over this guide carefully before arriving at camp. In the past we have had a single Leaders Guide that we have revamped this year into two separate, shorter documents to better assist you as you plan your trek this coming summer. This guide is designed to deliver the basic details of our program and reads as a quick reference for your planning, packing, and final preparations. The Leaders Guide contains a wealth of information that will assist you in preparing for camp and is intended to be more exhaustive in scope. Please read both documents as they both contain important information that ensure your units has the best possible experience at Floodwood this summer.

If you have any questions that this information packet does not answer, please call the Northern New Jersey Council office 201-677-1000 and ask to speak with Camping Services for further assistance, or feel free to call/e-mail directly. Thank you again for making Floodwood your summer destination!

See you at camp!

Yours in Scouting,

.....Don Weiss  
Base Director  
[director@floodwood.org](mailto:director@floodwood.org)

## A Typical Week

While there is no typical week the general schedule of each week look something like this:

Sunday:

1pm - 3pm: Crews arrive at Floodwood between 1pm and 3pm and met by their Voyageur in the parking lot. Crews are then shown their campsite, briefed on emergency procedures, escorted to Medical Reviews with the Camp Health Officer, Swim Ability Assessments at our Waterfront.

3pm - 6pm: Crews finalize plans for their trek: review itinerary, gear shakedowns, review of hard/soft skills, menu preferences, gear check out, etc.

6pm: Formal Welcome Flag Ceremony, followed immediately by the camp-wide BBQ

7pm: Trading Post is open, and all Leaders attend the Leaders Meeting to review final trek logistics, camp policies while out on trek, etc.

Monday:

Early: Staff prepares an all-you-can-eat Send Off breakfast in the Program area for all crews.

Canoe Trips: Crews typically leave camp in the morning either from our waterfront base on Rollins Pond or are dropped off by camp vans.

Backpacking Treks: Crews are dropped off at the trailhead in the morning.

Tuesday - Friday:

Crews are paddling or backpacking

Friday:

Crews paddle back to our Rollins Canoe Base or are picked up on Friday. Depending on time, crews enjoy in-camp activities (See list below).

~6pm: Camp-wide BBQ in the Program Area, enjoy fellowship with other crews and staff members, Trading Post is open, followed by Camp-wide Campfire

Saturday:

Crews typically leave Floodwood by 9am to head back home.

## Our Trekking Program

Treks are the bread and butter of our camp program. While we are very proud of our in-camp program offerings, we strongly feel the real memories and magic of Floodwood is experienced when out on trek.

We work very hard to design treks to:

- Be as youth-led as possible,
- Foster teamwork, cooperation, and comradeship,
- Push participants beyond their natural comfort zone,
- Put youth in positions where they need to rely on Scout skills,
- Instill a sense of pride, self-confidence, and accomplishment in all participants
- Provide memories and experiences that will be remembered for a lifetime!

Instrumental to the success of your trek is your camp-provided Voyageur. This staff member is trained in hard camping skills, First Aid and CPR, and acts a general guide for your unit. Perhaps most importantly, your Voyageur works with the Crew Leader and other youth participants in maximizing their potential, leadership development, and ensures a safe and fun time out on the water/trails. We encourage all adult leaders to let the Voyageur facilitate the trek for the youth.

## In-Camp Programs

Our in-camp offerings vary widely and each unit's experience while at Floodwood (and not out on trek) is largely unique based on which in-camp activities the trek choose to participate in. There is no way to do them all, so choose wisely. We pride ourselves on being very flexible and doing our best to accommodate each unit's desires. Here are a but a few of our in-camp offerings:

Waterskiing/tubing

Woodsmen Activities

Orienteering

Merit Badge work

Rock climbing and rappelling

Archery

Hike up Floodwood Mt

Archery

Mile Swim

Service Project

## Gear Lists

The lists below are designed to give you a good idea of what you should bring (and not bring).

### Group Gear:

Units are more than welcome to bring their own group gear items, especially if the youth are used to using the troop's gear while camping. If you need, Floodwood is prepared to provide each unit with group gear (available items listed below) that will be checked out to each unit at the beginning of the week and checked back in at week's end.

### Available Group Gear provided by Floodwood:

Portage Packs

Stoves/fuel

Water filtration

Large kitchen

Collapsible water jug

Cook kit / Utensil kit (spatula, ladle, etc.)

Canoes

PFDs

Paddles

### Personal Gear:

Each participant should bring the gear/clothing below with them to camp:

-a pack with shoulder straps that is waterproof or can be lined inside with a plastic bag (a dry bag is ideal but not necessary)

-a pair of water shoes and a pair of sneakers/boots for in camp

-shorts/swim trunks

-comfortable non-cotton t-shirt

-non-cotton fleece or sweater

-rain jacket

-underwear and socks

-ball cap and/or winter hat

-lightweight pants

-toiletries

-sleeping bag (able to be stuffed to a small size)

-sleeping pad/mattress (smaller the better)

-tent/hammock (everyone doesn't need their own, 2 to 3 per tent is ideal)

- 2 2L water bottles
- bowl, utensils
- head lamp

Optional:

- pocket knife
- book
- binoculars
- compass/GPS
- small camp pillow
- mug
- folding saw or hatchet (one per group)
- sunglasses
- sunscreen
- paddling gloves
- 1st Aid Kit (one per group)

## What's Next in Planning your Trek

### **Leaders Meetings:**

**May 25 @ 730pm & May 31 @ 7:30pm**, both to be held at the NNJC Office in Oakland, NJ. **Please plan on attending one of these meetings.**

The Leaders Meetings are hosted each Spring before the camp season to bring unit leadership up to speed on logistics regarding their visit to Floodwood the coming summer and to plan their trek's itinerary. In the spirit of being youth-led, please plan to attend with one or two of your Scouts who will be attending this summer and who may be assuming the role of Crew Leader. We'd like those youth to attend to empower them and aid in the development of their leadership.

**This year we are marketing the first Leaders Meeting (May 25th) for leaders who have not attended Floodwood before.** The second Leaders Meeting (May 31st) is designed for more seasoned Floodwood units.